

BCM Website resources: Podcasts

Appearance Matters the Podcast

Created by the Centre for Appearance Research (CAR) at the University of West England in Bristol, this podcasts interviews researchers in the field of body image to learn more about what affects how we think and feel about our bodies and what we know about increasing body satisfaction.

<http://www1.uwe.ac.uk/hls/research/appearance-research/resources/podcast.aspx>

The Guilty Feminist

Hosted by comedian Deborah Frances-White this podcast is recorded in front of a live audience and dissects issues affecting women today, including body image.

<http://guiltyfeminist.com/episodes/>

The bodcast

Curated by Bustle, this is a podcast a podcast for radical body positivism and fat acceptance.

<https://www.bustle.com/articles/152701-bustle-introduces-the-bodcast-a-podcast-for-radical-body-positivism-fat-acceptance>